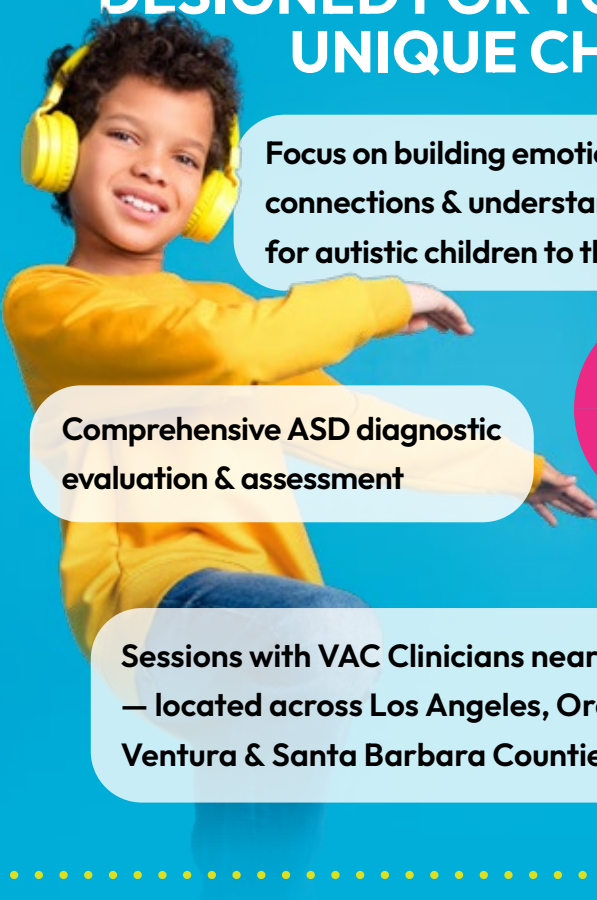


INDIVIDUAL THERAPY

TODDLERS • CHILDREN • TEENS

INNOVATIVE APPROACH DESIGNED FOR YOUR UNIQUE CHILD



Focus on building emotional
connections & understanding
for autistic children to thrive

Comprehensive ASD diagnostic
evaluation & assessment

Sessions with VAC Clinicians near you
— located across Los Angeles, Orange,
Ventura & Santa Barbara Counties



1-ON-1 INTENSIVE THERAPY (AGES 1-19)

- 2-3 weekly sessions with a local VAC Clinician
- 1 parent session monthly
- COST: \$180 per session, consult or diagnostic
(payment options: private/insurance/etc.)



TO APPLY | scan the QR code or visit
www.vistadelmar.org/autism-center/contact

INNOVATIVE APPROACH

UNDERSTANDING • CONNECTION

THE DURBAN AUTISM PSYCHOANALYTIC PROTOCOL (DAPP)

VAC treatment centers on the DAPP approach, which seeks to connect & look beyond the child's behavior

DAPP recognizes that every child is unique & treatment is never a one-size-fits-all

DAPP-trained clinicians learn to listen carefully, understand their language & meet the child where they are



DAPP CLINICAL TRAINING COURSE

- 10-week virtual course: lecture + case study
- Learn from the creator, VAC Clinical Director & acclaimed psychoanalyst Joshua Durban
- For mental health professionals

(CA only: MSW, MFT, LCSW, LMFT, PsyD, PhD, Psychoanalyst, RN, MD, PA)



**For More Information | scan the QR code or
visit www.vistadelmar.org/autism-center/contact**

PARENTS GROUP THERAPY

INNOVATIVE • CONNECTION • SUPPORT

DO YOU HAVE A CHILD ON THE SPECTRUM?

See beyond the diagnostic labels, foster deeper understanding, & build healthier family dynamics

Learn new insight and skills from our innovative & exclusive method — DAPP — Durban Autism Psychodynamic Protocol

Find a safe & supportive space where parents can share from the comfort of home

8 VIRTUAL GROUP SESSIONS

- Led by two DAPP experts & senior VAC clinicians
- COST: \$50 per session (8 sessions)



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GROUP THERAPY

ADOLESCENTS • YOUNG ADULTS

SEEKING SUPPORT, SOCIAL CONNECTIONS & A COMMUNITY?



**Deepen communication skills,
build social connections,
& foster relationships**

**Develop life skills & explore themes
which support social-emotional growth
to better relate in a neurotypical world**

**Join a curated group & safe
space where autistic individuals
feel comfortable to share & learn**

IN-PERSON GROUP SESSIONS

- Adolescent (11-17) & Young Adult (18-29)
Groups meet weekly, led by two DAPP
experts & Senior VAC Clinicians
- Cost: \$180 per participant, per session



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FOR MORE INFORMATION
WWW.VISTADELMAR.ORG
WWW.VISTAVILLAGELA.ORG